



PRE-SURGICAL IV SEDATION INSTRUCTIONS

- Do not have anything to eat or drink for at least 8 hours prior to your scheduled surgery.
- All routine medications should be taken with a sip of water at the usual time unless instructed otherwise.
- If you use an inhaler for asthma, please bring it with you.
- If you are diabetic, please test your blood sugar prior to your appointment.
- If you take any medication on an “as needed” basis, please bring it with you.
- Wear loose, short sleeved, comfortable clothing to allow for access to your arm.
- An escort must accompany you to the clinic to be a part of the pre and post operative instructions and drive the patient home following surgery.
- Be sure to arrange to have a responsible adult with you for 5 hours after surgery.
- Do not drive your car for 24 hours after surgery.
- Do not use alcohol or sedatives for 24 hours after surgery.
- Do not ignore a head or chest cold when surgery is to be performed; please call Implant & Periodontal Professionals if symptoms are present. A change of appointment may be necessary.
- If you have any questions regarding the treatment you will be given the opportunity to discuss them before the surgery.
- Please contact Dr. Emily Schmalz at (507)-206-6452 with questions or concerns.